

BIKE RIDES FROM FERN VILLA GUEST HOUSE

Sustrans Route 78 Campbeltown to Inverness - The Caledonia Way

The Caledonia Way, [National Route 78](#) of the National Cycle Network, is a cycle route that runs from Campbeltown to Inverness, along 235 miles of spectacular scenery.

The route begins at Campbeltown, following the Kintyre Peninsula and the Great Glen Way, it passes Loch Ness, Ben Nevis, many Scottish landmarks and historical sites and ends in the city of Inverness, the beautiful capital of the Highlands.

It offers a variety of cycling, from challenging on-road hills, to lengthy sections of traffic-free path through the magnificent terrain of the west coast of Scotland.

The section from **Oban to Fort William** is 48 miles in total and largely traffic free.

Take a glimpse of the ride on the [YouTube](#) channel.

Circular Rides

Loch Leven Loop

19.5 miles/31km

May not be suitable for inexperienced riders due to traffic. Turn right out of the village onto the cycle path on the A82. At the Glencoe Inn use the crossing and take the road to Kinlochleven, the B863. This is known as the 'high road'. In Kinlochleven there is a choice of places to get something to eat and a drink. Continue on the B863 on the 'low road' until you re-join the A82. Turn left and cross the Ballachulish Bridge using the cycle path, cross the road where signposted and continue on the cycle path back to Ballachulish.

Appin Loop

9.5 miles/15km

At Inverfolla, leave the path and head down the road signposted to North Shian (opposite the bus stop). Follow the road to Port Appin where you can enjoy refreshments before continuing to Appin village where you can rejoin the path.

Island of Lismore

18 miles/29km (return)

Take the passenger ferry from Port Appin (see above) to Lismore (10 minutes). On the island there are brochs and castles for you to explore. You can cycle to the end of the island which is 9 miles to Dun Cruban. From here you can either retrace your ride or catch the ferry back to Oban (50 minutes).

Loch Creran Loop

6 miles/10km

Until 1999 the road went around the loch so now with the bridge built there is very little traffic on the loop. Cycle the road in a clockwise to avoid the most upward gradients. At the head of the loch turn right over the small bridge. Loch Creran is a conservation area so you might be lucky and spot some otters. There are information panels on the marine life. At the end of the ride you pass under the Creagan bridge and loop round back onto the A828. Cross the road to join the path south.

Benderloch Loop

4 miles 6.4km

From Benderloch take the road signed to Tralee. You can take a track to visit to Tralee Beach. Take a right at the next section and follow the road past Barcaldine Castle, now a B&B. After ½ a mile you reach the junction of the A828.

Mountain Biking

We are not mountain bikers so do not have any sound advice to give you on this. However, there are tracks at Glencoe Mountain Resort and if you hire a bike from [Glencoe Bike Hire](#) then they do provide maps showing the local tracks. Also if you visit the Strava website www.strava.com you will be able to see where riders have been going in the area.